



Important Information for Travel Teams Course Participants

What should I Wear?

- Comfortable clothing
- Check the weather forecast and dress appropriately (if program will be outdoors)
 - Hot/Sunny Day – light colored clothing, hat, and sunscreen
 - Cooler Day – wear layers, hat and gloves, jacket or coat, hand warmers
 - Rainy Day – hat and raincoat
- Sturdy, closed-toe, rubber-soled shoes (no sandals, Crocs, or flip flops)
- Do not wear jewelry

What should I bring?

- A completed and signed [Challenge Course Waiver](#) (available on our website)

Is there anything I should not bring?

- Gum or Candy
- Money or Purses

If you have questions, please do not hesitate to call.

