Important Information for Challenge Course Participants

What should I Wear?
- Comfortable clothing that can get dirty
- Check the weather forecast and dress appropriately
  - Hot/Sunny Day – light colored clothing, hat, and sunscreen
  - Cooler Day – wear layers, hat and gloves, jacket or coat, hand warmers
  - Rainy Day – hat and raincoat
- Sturdy, closed-toe, rubber-soled shoes (no sandals, Crocs, or flip flops)
- Do not wear jewelry

Will there be Mosquitos?
- Yes, be sure to wear bug spray, especially May-October
- Wearing long sleeves and long pants can also help

Is there Running Water?
- No, bring drinking water in a reusable water bottle
- Bring wet wipes or hand sanitizer for cleanup

What else should I bring?
- A completed and signed Challenge Course Waiver (available on our website)
- If staying for lunch, pack your lunch in reusable containers, and take home any garbage

Is there anything I should not bring?
- Gum or Candy
- Money or Purses
- Smoking is not allowed on Wheaton Park District property

Programs are held entirely outdoors. There is no indoor facility. If you have questions, please do not hesitate to call.